



Link to all sessions and related study group questions: https://youtu.be/V-ye4IzRPn4?t=87

• Session 1: Get in the Word

Why do you need to have a Bible and why do you need to read it daily?

- Group Questions
 - i. How do you stop, listen, and respond to God?
 - ii. If you read the bible every morning and every night, what would that do for you?
 - iii. Father Larry says you need to have a bible, not on your "darn" phone. The bible is your sword. Do you have a book copy of the bible?
 - iv. Father Larry says to start and finish your day with the bible. Will you commit to read the bible first thing in the morning and last thing at night?
 - v. Sharing creates accountability: If you learned something from this reflection or made a commitment, will you commit to share this with someone later today or this week. Will you share with a friend at work, family member at home or someone who did not make it to the group meeting?



• Session 2: The Importance of Prayer

Why do you need to pray? How do you pray?

- Group Questions
 - i. Ignorance of the bible is ignorance of Christ. You need to know Jesus Christ. Do you know Jesus Christ? Do you know him like your wife, your best friend, or your child?
 - ii. Father Larry said, "Most of you don't know Jesus." What do you think when you hear that?
 - iii. You need a weapon. Get it. read it. If you don't already have a Catholic Bible, what day this week will you commit to getting one?
 - iv. What times during the day are you committed to read the bible?
 - v.God entrusted that family to you. Most men would take a bullet to save their wife and children. If you are not a man of prayer, then you leave them unprotected spiritually. What does this mean to you?
 - vi. We are slaves to Jesus. What are your thoughts on this?
 - vii. When you come before God can you say I exist today to live your will?
- Sharing creates accountability: If you learned something from this reflection or made a commitment, will you commit to share this with someone later today or this week. Will you share with a friend at work, family member at home or someone who did not make it to the group meeting?



Session 3: Surrender to the Holy Spirit

Father Larry discusses what it means and takes to be a man of integrity, a man of Christ, a man of prayer.

- Group Questions:
 - i. Secularism has infiltrated everywhere. Then there is the me and Jesus movement. Father Larry says we must be a man of integrity, a man of Christ, a man of prayer. How do you live a life of being in prayer always?
 - ii. Mark 1:11 "You are my beloved son with whom I am well pleased." God says this to Jesus. Therefore, God says this to you. You are loved. He is pleased with you. Spend time with that until you get it. Do you get it? Do you know this in your heart?
 - iii. What you do with your time shows your priorities. Can you do a holy hour daily, weekly, or monthly? Would you do it for a million dollars? What is your priority? What does that say about your manhood?
 - iv. You either become a saint or you go to hell. Do you plan to get a bible, pray, surrender your life to the Holy Spirit? What is holding you back?



• Session 4: Surrender Your Life to the Holy Spirit

God is calling us to be men who are willing to die for love. Love is the hardest of all of Christ's commandments. Father Larry says the number one thing we must do to follow Christ is to love. He also says that you finally know what it means to be Christian when the person who has hurt you the most is the person you pray for the most. When we surrender ourselves to the Holy Spirit, we set ourselves on fire.

• Group Questions:

- i. Acts 1:8: But you will receive power when the Holy Spirit has come upon you; and you shall be my witnesses in Jerusalem and in all Judea and Samaria and to the end of the earth.
- ii. When we surrender ourselves to the Holy Spirit, we set ourselves on fire.
- iii. Father Larry Richards tell us to never settle for the status quo. Where is God calling you?
- iv. When we are in this battle, we try to do it ourselves. This is impossible, we cannot do it ourselves, we must pray for the Holy Spirit. We cannot try hard enough on our own. When have you surrendered yourself to the Holy Spirit? Did you discover a strength that you did not possess on your own?
- v.God is calling us to be men who are willing to die for love. Love is the hardest of all of Christ's commandments. Father Larry says the number one thing to following Christ is that we have to love. He also says that you finally know what it means to be Christian when the person who has hurt you the most is the person you pray for the most.



What does this mean for you? Can you love the people that hurt you? Can you love your enemies? Love is putting others needs in front of your own. Love can never be conquered. We need to men of love in a world that does not know love. What is one thing you can do this week to be a stronger man of love? Are you able to tell the people that you love that you do love them?

- Father Larry's To Do List:
 - i. Have the Holy Word of God (read the bible)
 - ii. Pray
 - iii. Surrender yourself to the Holy Spirit
 - iv. Love (hardest). Number one thing that makes you a disciple of Jesus put others first.



• Session 5: The Story of a Father and a Son

This session discusses how to tell someone that you love them.

- Father Larry's Action Items:
 - Write a letter to your mom and to your dad telling them why you love them.
 - Write a letter to each of your children telling them why you love them.
 - Write a letter to your wife telling them why you love them.
 - Give an example of a time when:
 - Someone in your family said I love you at an important time.
 - A Christian you know said I love you at an important time.
- Scripture verses
 - John 15:9 "As the Father has loved me, so I have loved you; abide in my love.
 - John 15:12 "This is my commandment, that you love one another as I have loved you."
 - John 13:35 "By this everyone will know that you are my disciples, if you have love for one another."
- Call to Action Love one another
- Group Questions
 - Was your family like Father Larry's with no one to say I love you or did you say it to one another?
 - Is there someone in your family that needs to hear you say, "I love you?"
 - We don't know if our loved ones will be here tomorrow or if we will.
 When can you commit to writing the action letters above?



• Session 6: Go Out Two By Two

We need someone to walk with us at all times. Discussion centers on finding your Christian brother.

- Father Larry's Action Items:
 - Give more than you take.
 - Teach someone to pray.
 - Do two things for the rest of your life: Pray Love
 - Two choices: Become a saint or go to hell.
- Key Points
 - Let the Holy Spirit lead you where to read the Bible.
 - Not enough to read the daily readings.
 - Let God take you to sleep every night and wake you up in the morning.
 When is your best time to read?
 - Humility is knowing who you are and giving all glory to God.
 - Call to Action Be A Fisher of Men:
 - There are thousands of unchurched what can we do about it!? What can you do about it?
 - Jesus called us to be fishermen go to where the fish are. Do not be afraid to go into the deep water. Where can you go? Where can you be present to someone who needs help on their faith walk.



• Session 7: Question & Answer/Confession Guide

Remember, before God gave the commandments, he set the people free. We must do the same with grudges and hate. Love first. Then outline rules.

- Activity
- Prayer and fasting are related. Pray. If someone is hurting someone you love, love them more than anyone else. Write their name on your prayer list, fast once per week for their conversion. You should want their conversion more than anything else. This is love.
- Prayer is a magnifying glass. It focuses the rays of prayer over the ones you are praying for. When we fast, we are cleaning the magnifying glass.
- Remember, before God gave the commandments, he set the people free. We must do the same with grudges and hate. Love first. Then outline rules.
- Father Larry's Action Items
 - Pray Magnify
 - Fast Clean the magnifying glass
 - Go to confession
 - Love God above all things
- Group Questions
- How do you continue to forgive when you cannot forget? Look at the cross. Who put him there?
- Are you aware of the weight of your words when you pray the Our Father? What are you asking God to do to you if you do not forgive?
- Is it possible for a person to forgive, but still hold the person accountable?
- Is it possible for a person to forgive, but still feel negative emotions?
- Do you put God above all other things? What are some small ways you can begin to do so? Can you make a commitment to these?



• Session 8: Confession Guide Continued

The Session 7 focused on the first Commandment. In this session, Commandments 2 through 10 are discussed. You will be surprised to learn how many times you have violated #5, "Thou shall not kill."

- Group Questions
 - Why is the name of God so important?
 - How can you gently correct someone who is saying OMG?
 - Can you explain why it's a mortal sin to miss Holy Mass on Sunday?
 - What are the conditions for mortal sin? (There are three)
 - Why is it important to honor your parents?
 - Father Larry states that he has unquestionably violated commandment number five, "Thou shall not kill." Name small ways that people can break that commandment.
 - Do you think lust is a major problem in our society? What can we do about it?



Individual Video Links:

- Session 1: https://www.youtube.com/watch?v=V-ye4IzRPn4&feature=emb_imp_woyt
- Session 2: https://www.youtube.com/watch?v=IsT979Ap8Jw&feature=emb_imp_woyt
- Session 3: https://www.youtube.com/watch?v=g4ZAO1Uwz0k&feature=emb_imp_woyt
- Session 4: https://www.youtube.com/watch?v=tAG1zRQLJEU&feature=emb_imp_woyt
- Session 5: https://www.youtube.com/watch?v=ajtnrcY3tTU&feature=emb_imp_woyt
- Session 6: https://www.youtube.com/watch?v=6MQF6KrlNfg&feature=emb_imp_woyt
- Session 7: https://www.youtube.com/watch?v=X0ih-dvznsk&feature=emb_imp_woyt
- Session 8: https://www.youtube.com/watch?v=YtktVa46I28&feature=emb_imp_woyt



The Catholic Brothers for Christ (CBC) are a group of men, of various ages and places in life, who are deeply committed to having a relationship with Jesus Christ and sharing the Gospel through the witness of lively brotherhood rooted in prayer, the Sacraments, mentorship, and service.

